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Prescription - tat one whenever you're feeling down in the dumps and take with a smile. It works!

Materials required.

Three colours of size 20 thread (one being black), two size 9 or 10 beads. Stuffing if required.

Abbreviations

R	ring	SR	split ring	Cl	close	vsp	very small picot
-	picot to fit the bead in next round.	S	start	S	start	CTM	continuous thread method
+ B	add bead to picot before joining						

Wind 2½ yards onto Sh1 then pull a further 2 off the ball, cut and then add to Sh2 - CTM.

Top of pill

Centre

R1: 2 vsp 2 vsp 2 vsp 2 vsp 2 vsp 2 Cl

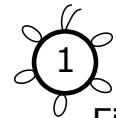


Fig. 1

Round 1

Leave small space to represent a vsp before starting and before making the second side of SR2

SR2: 3 / 3 vsp 3 vsp 3 Cl.

SR3: 3 + (next vsp R1) 3 / 3 - (p should be large enough to take eye bead) 3 Cl

SR4: 3 + (next vsp R1) 3 / 3 vsp 3 Cl

SR5: 3 + (next vsp R1) 3 / 3 - (p should be large enough to take eye bead) 3 Cl Cl

SR6: 3 + (next vsp R1) 3 / 3 vsp 3 Cl

SR7: 3 + (next vsp R1) 3 + (vsp SR2) 3 / 3 Cl

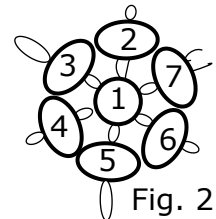


Fig. 2

Round 2

Leave small space to represent a vsp before starting and before making the second side of SR8

SR8: 3 / 3 vsp 3 vsp 3 Cl.

SR9: 3 + (SR2) 3 / 3 vsp 3 Cl.

SR10: 3 + B (SR3) 3 / 3 vsp 3 Cl

SR11: 3 + (SR4) 3 / 3 vsp 3 Cl

SR12: 3 + B (SR5) 3 / 3 vsp 3 Cl

SR13: 3 + (SR6) 3 + (SR8) 3 / 3 Cl

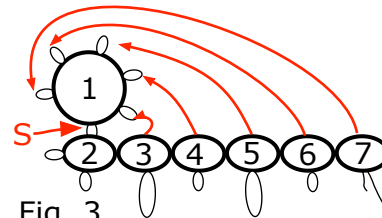


Fig. 3

Round 3

Leave small space to represent a vsp before starting and before making the second side of SR14

SR14: 3 / 3 vsp 3 vsp 3 Cl

SR15: 3 + (SR8) 3 / 3 vsp 3 Cl

SR16: 3 + (SR9) 3 / 3 vsp 3 Cl

SR17: 3 + (SR10) 3 / 3 vsp 3 Cl

SR18: 3 + (SR11) 3 / 3 vsp 3 Cl

R19: 3 + (SR12) 3 + (SR14) 3 vsp 3 Cl T & C

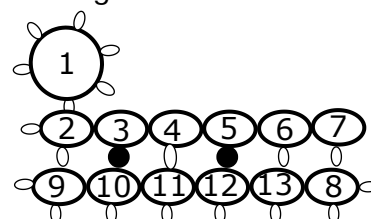


Fig. 4

Holding the head upside down take a ball of black thread and loop the end down on the left side of the join between the joining SR's on row 2 and row 3 and directly below the eye on the left. Take the thread up on other side of the same join and keep around 8" to finger tat. Make around 17 doubles as a chain to form the smile and then take the two ends down either side of the join SR below the 2nd eye, T&C. See fig.6

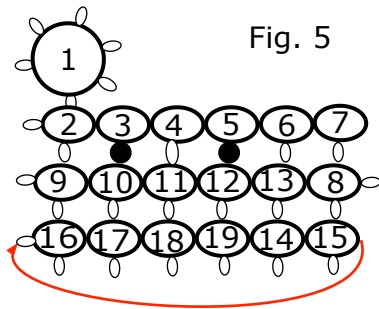


Fig. 5

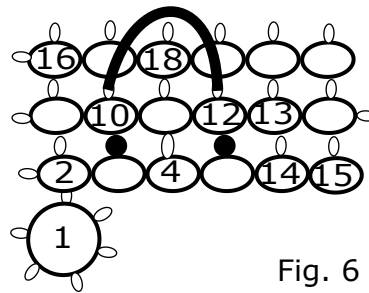


Fig. 6

Bottom half of pill - using the same amount of thread as in top half of pill

R1: 2 vsp 2 vsp 2 vsp 2 vsp 2 vsp 2 Cl

Round 1

Leave small space to represent a vsp before starting and before making the second side of SR2

SR2: 3 / 3 vsp 3 vsp 3 Cl

SR3: 3 + (next vsp R1) 3 / 3 vsp 3 Cl

SR4: 3 + (next vsp R1) 3 / 3 vsp 3 Cl

SR5: 3 + (next vsp R1) 3 / 3 vsp 3 Cl

SR6: 3 + (next vsp R1) 3 / 3 vsp 3 Cl

SR7: 3 + (next vsp R1) 3 + (vsp SR2) 3 / 3 Cl

Round 2

Leave small space to represent a vsp before starting and before making the second side of SR8

SR8: 3 / 3 vsp 3 vsp 3 Cl.

SR9: 3 + (SR2) 3 / 3 vsp 3 Cl.

SR10: 3 + (SR3) 3 / 3 vsp 3 Cl

SR11: 3 + (SR4) 3 / 3 vsp 3 Cl

SR12: 3 + (SR5) 3 / 3 vsp 3 Cl

SR13: 3 + (SR6) 3 + (SR8) 3 / 3 Cl

Round 3

Leave small space to represent a vsp before starting and before making the second side of SR14

SR14: 3 / 3 vsp 3 + (any vsp on upper part of pill) 3 Cl

SR15: 3 + (SR8) 3 / 3 + (next vsp upper part) 3 Cl

SR16: 3 + (SR9) 3 / 3 + (next vsp upper part) 3 Cl

SR17: 3 + (SR10) 3 / 3 + (next vsp upper part) 3 Cl

SR18: 3 + (SR11) 3 / 3 + (next vsp upper part) 3 Cl

R19: 3 + (SR12) 3 + SR14 3 + (last vsp upper part) 3 Cl T & C

The Happy Pill can now be stiffened. If you want to stuff it with any form of hollow fibre stuffing (I use old pillows that have been washed) please add it before closing ring 19.