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**Abbreviations**

R	ring	Ch	chain
- or p	picot	B	move bead in place of p
vlp	very long picot - size betwn ( )	Wsh2	working shuttle 2 (shuttle in right hand)
Wsh1	working shuttle 1 (shuttle in right hand)+	+	join
Lj	join made with shuttle thread	Cl	close
RM	Riego Maltese stitch - see below	S	start
Fp	false picot	T & C	Tie and cut
SS	Switch shuttles	InR	Inner ring

**How to make the Riego Maltese knots**

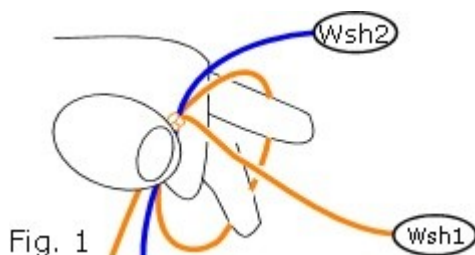


Fig. 1

Using Wsh1 make a double as normal. In the case of the following pattern - a normal ring and chain are worked first.

This part of the stitch I refer to in the pattern as R.

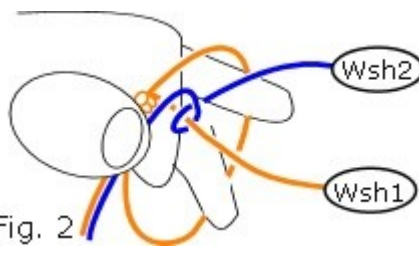


Fig. 2

Drop Wsh1 and using Wsh2, without turning the knot (as in second side of a split ring) work as shown over the Wsh1 core thread.

This part of the stitch I refer to in the pattern as RM.

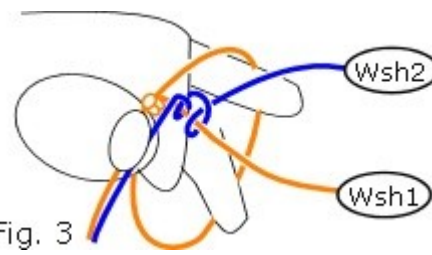


Fig. 3

The ring should start to show as above. Follow directions given in the pattern.

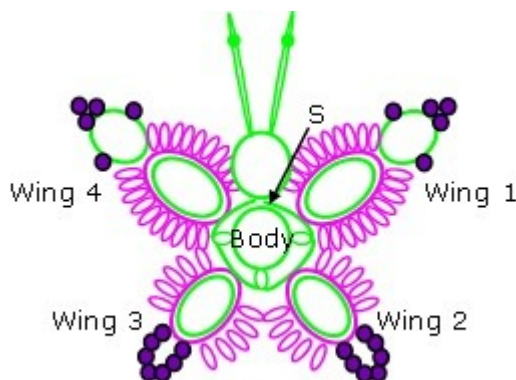


Fig. 4

**Butterfly**

2 shuttles with 2 different colours, beads.

**Notes on working with this technique.**

When joining to the centre ring in Wings 2 & 3 (InR), draw the core thread up through the picot and put the working thread through the loop. Adjust so that the core thread runs smoothly.

Add 10 beads to Wsh1 & 14 beads to Wsh2. Using Wsh1

**Body**

R: 4 - 4 - 4 - 4

Ch: 3 change to Wsh2

**Wing 1**

R1: 2

RM: 1

\*R: - 1 - 1

RM: 1\*

Repeat from \* to \* 4 times. Change to Wsh1 Place 5 beads at back of hand before starting next R

R: Fp 4 B 4 BBB 4 B 4 Cl Fp Change to Wsh2

RM: 1 turn last ring to face upwards. Change to Wsh2 & take Wsh2 thread from last ds worked over the top of this ring to hold it in place over Fp. See figures 5 & 6

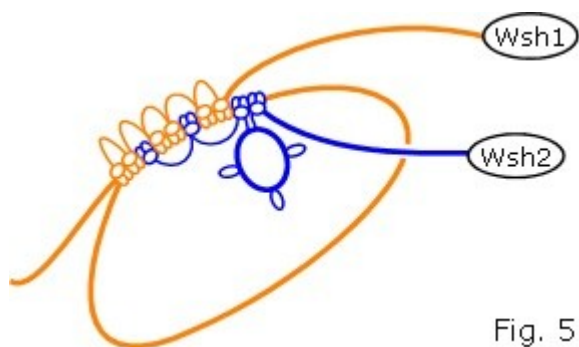


Fig. 5

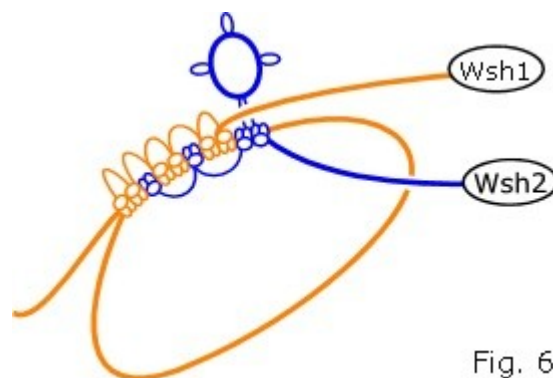


Fig. 6

Continue with

R: 1 - 1

RM: 1

\*R: - 1 - 1

RM: 1\*

Repeat from \* to \* 4 times.

R: - 1 take both shuttles down through centre of ring before closing. Change to Wsh1

Ch: 2 + Lj(1<sup>st</sup> p body ring) 2 change to Wsh2

**Wing 2** - place 7 beads on ring round hand before starting

R: 2

\*RM: 1

R: - 2\*

Repeat from \* to \* 4 times

RM: 1 using Wsh1

InR: 3 - 3 Cl

RM: 1 Change to Wsh2

R: 7 beads moved into place 2

\*RM: 1

R: - 2\*

Repeat from \* to \* 3 times

RM: 1

R: - 1 join to p on inner ring. Take both shuttles down through centre of ring before closing.

Using Wsh1

Ch: 3 + Lj(2<sup>nd</sup> p body ring) 3 Change to Wsh2

**Wing 3** - place 7 beads on ring round hand before starting

R: 2

\*RM: 1

R: - 2\*

Repeat from \* to \* 4 times

RM: 1 using Wsh1

InR: 3 – 3 Cl  
 RM: 1 Change to Wsh2  
 R: 7 beads moved into place 2  
 \*RM: 1  
 R: – 2\*  
 Repeat from \* to \* 3 times  
 RM: 1  
 R: – 1 join to p on inner ring. Take both shuttles down through centre of ring before closing.  
 Using Wsh1  
 Ch: 2 + Lj(3<sup>rd</sup> p body ring) 2 Change to Wsh2  
**Wing 4**  
 R1: 2  
 RM: 1  
 \*R: – 1 – 1  
 RM: 1\*  
 Repeat from \* to \* 4 times. Change to Wsh1 Place 5 beads at back of hand before starting next  
 R  
 R: Fp 4 B 4 BBB 4 B 4 Fp Cl Fp Change to Wsh2  
 RM: 1 turn this ring up to face upwards. Change to Wsh1 & take Wsh1 core thread over the  
 top of this ring to hold it in place. Refer to figures 5 & 6  
 R: 1 – 1  
 RM: 1  
 \*R: – 1 – 1  
 RM: 1\*  
 Repeat from \* to \* 4 times.  
 R: – 1 take both shuttles down through centre of ring before closing. Cl change to Wsh1  
 Ch: 3 + Lj base of body ring  
**Head**  
 R: 8 Vlp 6 Vlp 8 T & C  
 For any help or if you find any mistakes, [please email me](mailto:janeeborall@freeservers.com)