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### Abbreviations

R	ring	Ch	Chain
SCMR	Self closing mock ring	RW	Reverse work
vsp	Very small picot	+	Join
SS	Switch shuttles	btwn	between
Lj	Lock join	Cl	close
Fp	False picot – in this pattern this is a small space left between the first and second part of a SCMR to represent a picot		

### Wing 1 – 2 shuttles

SCMR1: 3 – 1 SS

R: 1 + (last p) 3 vsp 2 vsp 3 – 1 Cl SS  
SCMR1: 1 + (p on R) 3 Cl RW SS

*Ch: 4 RW SS*

SCMR2: 4 SS

R: Fp 2 – 5 – 2 – 2 – 5 – 2 Cl SS  
SCMR2: Fp 4 Cl RW SS

*Ch: 4 vsp 4 RW*

R3: 4 + (next p SCMR2) 4 Cl RW

*Ch: 6 vsp 4 RW*

R4: 6 + (next p SCMR2) 2 – 4 Cl RW

*Ch: 8 – 2 RW*

R5: 4 + (R4) 2 + (next p SCMR2) 2 – 4 Cl RW SS

*R6: 2 + (vsp on last Ch) 6 – 6 – 2 Cl SS*

*Ch: 2 + (R6) 8 RW*

R7: 4 + (R5) 2 + (next p SCMR2) 6 Cl RW

*Ch: 4 vsp 6 RW*

R8: 4 + (next p SCMR2) 4 Cl RW

*Ch: 4 vsp 4 RW*

R9: 4 + (Fp btwn 2 parts SCMR2) 4 Cl RW

*Ch: 4 Lj (base SCMR1) 8 RW SS*

### Second Wing

SCMR1: 3 – 1 SS

R: 1 + (last p) 3 + (vsp previous SCMR1) 2 vsp 3 – 1 Cl SS  
SCMR1: 1 + (p on R) 3 Cl RW SS

*Ch: 4 RW SS*

SCMR2: 4 SS

R: Fp 2 – 5 – 2 – 2 – 5 – 2 Cl SS  
SCMR2: Fp 4 Cl RW SS

*Ch: 4 + (last 'wing' section) 4 RW*

R3: 4 + (next p on SCMR2) 4 Cl RW

*Ch: 6 + (last 'wing' section) 4 RW*

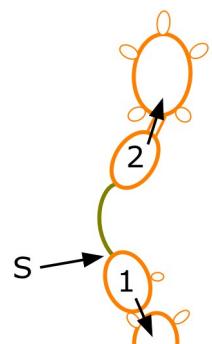


Fig. 1

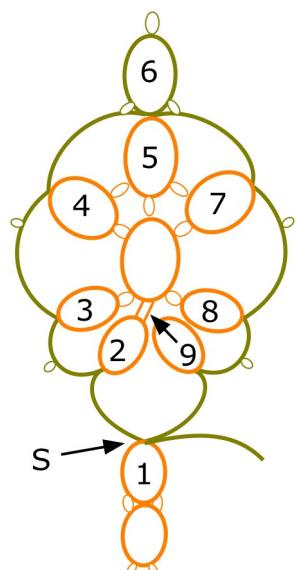


Fig. 2

Continue from R4 on first wing. On wing 8 join to the first both in the centre (SCMR1 on both the first and previous wings) then along the side of the first wing.

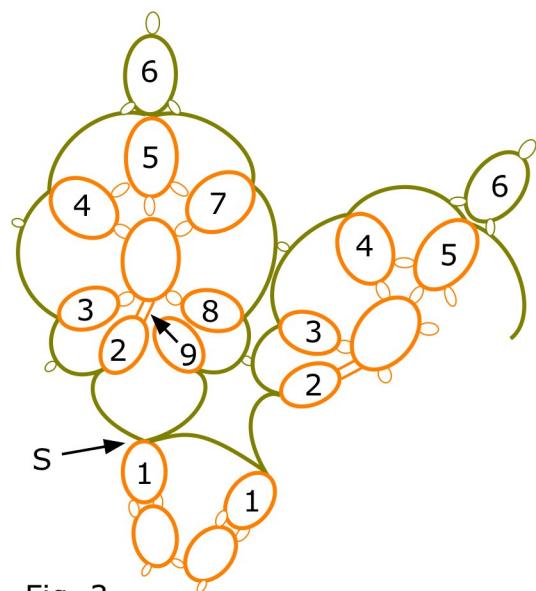


Fig. 3