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Abbreviations

R ring SR split ring - picot + join B bead
+B, join with bead added CTM continuous thread method
CI Close ring RW Reverse work

Foundation row, in white: Note, add hook and eye to first and last rings. Do 50 split rings, 8/7

Row 2, in black cotton. Note, this method of interlocking rings was developed by Wally Sosa

SR1: 4-4/7 Before closing the ring, put first ring from foundation row through the ring, facing upwards, making sure that the 8ds is on the same side as the 8ds of row 2.

SR2: 4-4/7 Before closing the ring, put foundation row downwards through the ring.

Continue in this way, weaving the foundation row up and down through each ring before closing.

Row 3, in black cotton, wound CTM, with 49 beads on the ball thread and 2 on the shuttle thread.

R1: put 1 bead on back of hand, 4ds, B, 4ds +B (1st picot on row 2), 4-4 CI RW.

Chain, 4, B, 4

R2: 4+B(picot on R1)4+B(2nd picot on row 2), 4-4 RW

Continue in this way until last ring, put B on back of hand, 4+B,(previous r), 4+B(row 2)4B4

Cut and tie.